

Therapeutic Massage:

Custom-fit a massage session to your specific needs: Relaxation; or special attention to your neck and shoulders- you decide.

30 min. \$45
60 min. \$75
75 min. \$90
90 min. \$105

Pregnancy Massage:

Regular massage during pregnancy is a wonderful way to relax, relieve many physical discomforts and enhance your ability to cope with the changes you undergo during this amazing time in your life. Let our trained therapists provide the comfort and nurturing touch you and your baby deserve.

30 min. \$55
60 min. \$85
75 min. \$95
90 min. \$110

HEALING STONE MASSAGE:

Sink into weightlessness with hot stones on the body during your massage. This form of massage facilitates deep feelings of balance and healing.

75 min. \$115
90 min. \$130

AROMATHERAPY

MASSAGE: Powerful sensory massage combines the healing effects of essential oils with the potency of human touch.

45 min. \$60
60 min. \$75
75 min. \$90

BIOMAGNETIC ENERGY BALANCING:

Experience centuries-old technology in an energizing and balancing treatment. Releases tension and pain. Great as an add-on to massage or as a stand alone pick-me-up.

30 min. \$45

TRADITIONAL ACUPUNCTURE

This ancient healing method frees up energy flow and is useful for the treatment of a myriad of ailments and chronic pain issues. This practice is a powerful healing vehicle. Limited appointments available.

60 min. \$75
Initial consult + session \$100

[\(click for more info about acupuncture\)](#)

FACIAL REJUVENATION:

Facial Rejuvenation Experience – A 40 minute facial massage with hot towels, botanically-based Swiss skin food and foot massage.

40 min. \$50

Thai Yoga Massage:

Thai yoga is individual assisted hatha yoga or "lazyman's yoga" incorporation yoga postures, acupressure, breathwork and massage. In addition to stretching and toning the muscles, it improves and spasm, helps expedite metabolism, boosts the immune system and balances the body energetically, inducing a calm mental state. This practice provides the recipient with both a physical and energetic massage.

50 min. \$100

Intensive/Sports

Therapeutic Massage:

No-holds barred "warrior bodywork." You will receive intense focus and experience advanced techniques to give you the results you are seeking.

45 min.-\$60
60 min.-\$85

"The Works"

Soothe your senses by adding an application of hot towels and rehydrating cream for your skin to your massage. The ultimate in luxury!

60 min. \$75
75 min. \$90

Reflexology Body

TREATMENTS:

Enjoy the therapeutic effects of cleansing, brushing, and deeply relaxing reflexology.

Feet (45 min.) \$55
Hands&Feet(60min.)\$70

BODY BRUSHING:

Full body brushing stimulates the circulation, lymph system, and exfoliates the skin. Includes a mini-massage & aromatherapy mist to polish you off.

30 min. \$40

TAN AND GLO:

Receive the sun-kissed glow you desire without harsh chemicals or the aging effects of the sun. Includes a sea-salt scrub and a mini-massage with take-home products to continue the glow.

45 min. \$75

MOISTURE REPAIR

BODY WRAP:

This 60 minute treat is designed to nurture your skin. Enjoy a sea salt scrub combined with a mini-massage that will give your skin supple softness. Choose from an array of botanical aromatherapy blends.

60 min. \$90

